

Bhoomi Network for Sustainable Living offers

An Organic & Terrace Gardening Workshop

Date: 26th February, 2011, Saturday

Time: 9:30 am to 5:30 pm

Venue: Bhoomi Network

Prakriya School Campus,

Off Sarjapur Road

Bangalore

For whom: People who wish to take charge of their 'wellness' and 'health.'

For generations in India, having a kitchen-garden was integral to a complete home, where freshness and nutrition from a variety of vegetables were given significance and the words 'pesticides' and 'chemical fertilizer' were unheard of. There was no concept of wastage because everything was re-used in some form or the other. Natural resources were respected and utilized responsibly so as to preserve them for future generations – that was the prevalent culture! This forgotten and neglected way of life in urban spaces needs to be revived.

Why do urbanites have to grow organic food for consumption?

Due to migration of people to urban areas, fertile agricultural land has been converted into houses and other infrastructures thus reducing the land for cultivation. But there is a movement around the world today to transform this barren city-scape into a green and valuable contributor to health and ecological balance. Estimates show that as many as 20 million people are engaged in urban agriculture all over the world. Half of Latin American cities, 72% of urban - house holds in Russia and 14 largest cities in China produce 85% of the vegetables not only from terraces but also on empty sites, unbuilt areas, parks, etc.

In this age of pesticide-driven agriculture most of the vegetables and fruits available in the market seem to add to human diseases and ill-health. But they are packaged well and look good on the shelf. How can we then be sure if we and our children are eating pure and fresh foods? The best way to grow our own organic vegetables and greens.

What do we believe in - chemical fertilizers and pesticides, decorative plants and imported grass which yield neither flower nor fruit - or do we believe in safe, flavourful, native, nutritious produce for our kitchens? It is for us to choose and learn a meaningful way of spending some of our leisure time.

What you can expect from the workshop?

This workshop will help us understand the basic principles of gardening and then apply it to our own context – homes, apartments or terraces. This workshop will focus on the practical aspects, so that we get a first hand experience with earth, soil, compost, nutrients on the field. It will include pest and disease management also.

Rajesh Thakkar and Mallesh who are committed to organic gardening and farming will be the faculty for this workshop.

Gardening is a healthy hobby, not only to keep one engaged for a couple of hours in a week but it gives the pleasure of being in the midst of a growing garden. Let's jointly experience this workshop and start making our own little gardens.

With best wishes,

Santhilakshmi

Programme Director

Bhoomi Network for Sustainable Living

Registration Details

Fees: Rs 600/- per person (Lunch included)

Limited number of seats

Registration closes by 21st February, 2011 (Monday)

Contact Person : Santhi

Contact No: 9449853834, 28441173

Please send in the details of your Name, contact numbers and email id along with the payment.

Mail, payments by cheque to:

Bhoomi Network for Sustainable Living

Prakriya School Campus,

P O Box 23, Carmelaram Post

Sarjapur Road,

Bangalore - 560035

Online Payment Details

Beneficiary Name: Bhoomi Network

Account Number: 2757201000315

IFS Code: CNRB0002757

Bank Name: Canara Bank, Rainbow Drive Layout, Doddakanahalli, Sarjapur Road, Bangalore – 560035

Santhi
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Sinduja Krishnan