

IF YOU HAVE EXCESS FLUORIDE CONTENT IN YOUR DRINKING WATER SOURCE...

Food Items know to aggregate fluorosis



Fluorosis disease will be spread if you use the above given excess Fluoride items.

Food Items to be consumed in excess



Vitamin 'C' and Calcium is rich in the above said food items. Impact of fluoride would be decreased by using these food items

Designed & Published by :

MASS EDUCATION, R.K. Nagar, Anantapur. A.P. India. Tel : +918554 - 276086 (O), Cell : +91 9246867390